



Fort Riley Public Health Department

Public Health Newsletter, April 2023

TALK → TEST → TREAT

If you are sexually active, or thinking of becoming sexually active, it is important that you **Talk. Test. Treat** to protect your health.

These three small actions can have a big impact on your sexual health!

April is national Sexually Transmitted Infection/Disease (STI/D) awareness month.

In 2020, even during the peak of the COVID 19 pandemic,

4.5 million reported cases of Chlamydia, Gonorrhea, and Syphilis occurred.

In the United States, almost half of all infections are among people aged 18-24. All STIs are treatable, but not every infection is curable. If left untreated, STIs can lead to disease and increase your risk of infertility and HIV infections.

Ask your healthcare provider?

Whether certain vaccines like the HPV vaccine is right for you.

What type of pregnancy prevention you are interested in.

Your sex life as it relates to your health.

This includes what STI/D test you should get and how often.

When were you last tested?

Not all medical checkups include STI/D testing, so don't assume that you've been tested unless you discuss it with your provider. If your provider does not discuss sex or STI/D and HIV testing with you, bring it up! Not sure how... tips at: <https://www.ncshguide.org/provider-visit/how-do-i-bring-up-the-topic>

What's your protection method?

Male Condoms / Dental Dams / Female Condoms

Even with perfect condom use, some infections can still spread. Talk with your partners openly about your STI status, and get regular sexual health screenings.



What's your status?

Walk-in "Wellness" Testing for Sexually Transmitted Infections

Main Hospital Lab (IACH), M-F, Except third Thursday of the month from 0730—1200.

- * Tests available: Chlamydia, Gonorrhea, Syphilis, HIV, and Hepatitis C.
- * AD, spouses and beneficiaries 16 years or older.
- * Walk-ins welcome!
- * All positive results will receive follow up call with treatment and education.



Are you experiencing symptoms of an STI/D?

It's imperative to be evaluated by a medical provider!

Were told your partner tested positive for STI/D?

If you are NOT experiencing symptoms you can get tested!



To learn about more testing and treatment options visit

www.gettested.cdc.gov

Contact Us:

Caldwell Clinic:

785-239-7323

Health Director:

785-239-7042

Group Practice Manager:

785-239-7344

Environmental Health:

785-239-7516

Industrial Hygiene:

785-239-4054

Occupational Health:

785-239-3592

Public Health Nursing:

785-239-7042/7323

Army Wellness Center:

785-239-9355

WIC:

785-240-7019

785-239-9827

Army Hearing Program:

785-239-3810

STI/D Spotlight Monthly Events

WALK-IN HPV Vaccine Clinic

IACH Laboratory & Farrelly Laboratory
Every Friday in April (07, 14, 21, 28)
from 1200 – 1600

TRICARE Beneficiaries Only Ages 9-26

Children 17 & younger
must be accompanied by a guardian!



Learn more
about the HPV
vaccine

Managing Sexually Transmitted Infections Webinar

April 20, 2023 1200-1400 EST

Keynote Speaker Dr. Christine Johnston, MD, MPH, FIDSA



Please email us if you have any questions or need additional information
usn.hampton-roads.navmcpubhlthcenpors.mbx.nmcphe-sexual-health@health.mil

STI/D and HPV Information Table

STI/D and HPV educational material will be offered to all IACH visitors for the entire month of April, courtesy of IACH and Army Public Health Nursing! A public health professional will also be at every walk-in HPV vaccine clinic.

Future Health Observances



MAY—Better Speech & Hearing



JUNE—National Safety



JULY—National Youth Sports

Located in the Caldwell Clinic Building
7665 Normandy Drive